



Purpose: It is the intention of this Administrative-Master Syllabus to provide a general description of the course, outline the required elements of the course and to lay the foundation for course assessment for the improvement of student learning, as specified by the faculty of Wharton County Junior College, regardless of who teaches the course, the timeframe by which it is instructed, or the instructional method by which the course is delivered. It is not intended to restrict the manner by which an individual faculty member teaches the course but to be an administrative tool to aid in the improvement of instruction.

Course Title – First Aid
Course Prefix and Number – PHED 1306
Department - Kinesiology
Course Type: (check one)

Division – Math & Science

- Academic General Education Course (from ACGM – but not in WCJC Core)
- Academic WCJC Core Course
- WECM course (This course is a Special Topics or Unique Needs Course: Y or N)

Semester Credit Hours # : Lecture hours# : Lab/other hours # **3:3:0**

Equated Pay hours for course - 3

Course Catalog Description – Instruction in and practice of first aid techniques. Intent of this course is to help students feel more confident of their ability to provide temporary assistance in an emergency.

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|--------------------------|
| List Lab/ Other Hours |
| Lab Hours |
| Clinical Hours |
| Practicum Hours |
| Other (list) |

Prerequisites/Co requisites – THEA reading requirements met or concurrent in READ 0306 or READ 0307

Prepared by Peggy J. Fitt

Date 2-8-12

Reviewed by department head Gene Bahnsen

Date 2-8-12

Accuracy verified by Division Chair Kevin Dees

Date 2/8/2012

Approved by Dean of Vocational Instruction or Vice President of Instruction Lac

Date 11-9-12



I. Topical Outline – Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, clinical or other non-lecture instruction):

- I. Introduction
 - a. Recognizing Emergencies
 - b. Responding to Emergencies
 - c. Before Giving Care
- II. Assessment
 - a. Body Systems
 - b. Checking the Victim
- III. Life-Threatening Emergencies
 - a. Breathing Emergencies
 - b. Cardiac Emergencies and Unconscious Choking
 - c. Bleeding
 - d. Shock
- IV. Injuries
 - a. Soft Tissue Injuries
 - b. Musculoskeletal Injuries
 - c. Injuries to the Extremities
 - d. Injuries to the Head, Neck and Back
 - e. Injuries to the Chest, Abdomen and Pelvis
- V. Medical Emergencies
 - a. Sudden Illness
 - b. Poisoning
 - c. Bites and Stings
 - d. Substance Misuse and Abuse
 - e. Heat and Cold Related Emergencies
- VI. Special Situations
 - a. Reaching and Moving Victims in the Water
 - b. People with Special Needs
- VII. Healthy Lifestyles
 - a. A Safer and Healthier Life

II. Course Learning Outcomes

| Course Learning Outcome | Method of Assessment |
|--|-----------------------------|
| 1. Students will demonstrate skills to provide temporary assistance in an emergency. | Midterm/Final Exams |
| 2. Students will demonstrate an understanding of the Emergency Medical System. | Midterm/Final Exams |
| 3. Students will demonstrate a knowledge of the risk factors for cardiovascular disease. | Midterm/Final Exams |
| 4. Students will demonstrate the proper use of techniques for rescue breathing, CPR and unconscious choking. | Skills Test |

III. Required Text(s), Optional Text(s) and/or Materials to be Supplied by Student.

First Aid: Responding to Emergencies – 2007, American Red Cross, Staywell

IV. Suggested Course Maximum - 28

V. List any specific spatial or physical requirements beyond a typical classroom required to teach the course.

Active skills test required.

VI. Course Requirements/Grading System – Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course

Skills test

All of other requirements up to the instructor's discretion

VII. Curriculum Checklist

- **Academic General Education Course** (from ACGM – but not in WCJC Core)
No additional documentation needed

- **Academic WCJC Core Course**
Attach the Core Curriculum Checklist, including the following:

- Basic Intellectual Competencies
- Perspectives
- Exemplary Educational Objectives

- **WECM Courses**
If needed, revise the Program SCANS Matrix & Competencies Checklist.