

Course Information

Course Title	First Aid
Course Prefix, Num. and Title	PHED 1306
Division	Life Sciences
Department	Kinesiology
Course Type	Academic General Education Course (from ACGM, but not WCJC Core)
Course Catalog Description	Instruction and practice for emergency care. Designed to enable students to recognize and avoid hazards within their environment, to render intelligent assistance in case of accident or sudden illness, and to develop skills necessary for the immediate and temporary care of the victim.
Pre-Requisites	TSI reading requirements met or concurrent enrollment in INRW 0306 or INRW 0307
Co-Requisites	Enter Co-Requisites Here.

Semester Credit Hours

Total Semester Credit Hours (SCH): Lecture Hours:	3:3:0
Lab/Other Hours	
Equated Pay Hours	3
Lab/Other Hours Breakdown: Lab Hours	Enter Lab Hours Here.
Lab/Other Hours Breakdown: Clinical Hours	Enter Clinical Hours Here.
Lab/Other Hours Breakdown: Practicum Hours	Enter Practicum Hours Here.
Other Hours Breakdown	List Total Lab/Other Hours Here.

Approval Signatures

Title	Signature	Date
Prepared by:		
Department Head:		
Division Chair:		
Dean/VPI:		
Approved by CIR:		

Additional Course Information

Topical Outline: Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, and clinical or other non-lecture instruction).

I. Introduction

- a. Recognizing Emergencies
- b. Responding to Emergencies
- c. Before Giving Care

II. Assessment

- a. Body Systems
- b. Checking the Victim

III. Life-Threatening Emergencies

- a. Breathing Emergencies
- b. Cardiac Emergencies and Unconscious Choking
- c. Bleeding d. Shock

IV. Injuries

- a. Soft Tissue Injuries
- b. Musculoskeletal Injuries
- c. Injuries to the Extremities
- d. Injuries to the Head, Neck and Back
- e. Injuries to the Chest, Abdomen and Pelvis

V. Medical Emergencies

- a. Sudden Illness
- b. Poisoning
- c. Bites and Stings
- d. Substance Misuse and Abuse
- e. Heat and Cold Related Emergencies

VI. Special Situations

- a. Reaching and Moving Victims in the Water
- b. People with Special Needs

VII. Healthy Lifestyles

- a. A Safer and Healthier Life

Course Learning Outcomes:

Learning Outcomes – Upon successful completion of this course, students will:

1. Explain the workings of the systems in the human body particularly those systems, which are likely affected in emergency care.
2. Recognize and meet the needs of emergency situations including (but not limited to) first aid care, emergency assistance, life support skills, EMS protocols, CPR and AED.
3. Justify layperson and professional roles and responsibilities in emergency situations including but not limited to legal ramifications, barriers to action, requirements for action and psychological responses.
4. Explain and demonstrate skills for treating victims including (but not limited to) musculoskeletal injuries, bleeding, choking and environmental emergencies.
5. Explain and demonstrate skills for respiratory distress including (but not limited to) CPR, rescue breathing, obstructed airway and usage of and AED device.
6. Promote safety and preventative educational methods that reduce the risk of injury, accidents and life-style related diseases.

Methods of Assessment:

1. Lectures, quizzes, tests, papers, projects, other departmentally approved methods and/or mastery of related material.
2. Lectures, quizzes, tests, papers, projects, other departmentally approved methods and/or mastery of related material.
3. Lectures, quizzes, tests, papers, projects, other departmentally approved methods and/or mastery of related material.
4. Lecture, quizzes, written and skills tests, paper, projects, other departmentally approved methods and/or mastery of related material.
5. Lectures, quizzes, written and skills test, papers, projects, other departmentally approved methods and/or mastery of related material.
6. Lecture, quizzes, tests, papers, other departmentally approved methods and/or mastery of related material.

Required text(s), optional text(s) and/or materials to be supplied by the student:

American Red Cross: Responding to Emergencies, Comprehensive First Aid/CPR/AED, current edition

Suggested Course Maximum:

28

List any specific or physical requirements beyond a typical classroom required to teach the course.

Active skills test required.

Course Requirements/Grading System: Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course.

Projects- 25-50% (may include research papers, exam essays, teaching assignment and/or oral Presentation)

Exams- 25-50% (may include quizzes, midterm and final)

Participation 25-50% (may include daily assignments, projects and/or participation)

90-100=A

80-89=B

70-79=C

60-69=D

Below 59 = F

Curriculum Checklist:

Administrative General Education Course (from ACGM, but not in WCJC Core) – No additional documents needed.

Administrative WCJC Core Course. Attach the Core Curriculum Review Forms

Critical Thinking

Communication

Empirical & Quantitative Skills

Teamwork

Social Responsibility

Personal Responsibility

WECM Course -If needed, revise the Program SCANS Matrix and Competencies Checklist