



**Course Information**

<b>Course Title</b>	Principles of Behavior Management and Modification
<b>Course Prefix, Num. and Title</b>	PSYT 2345
<b>Division</b>	Allied Health
<b>Department</b>	Human Services
<b>Course Type</b>	WECM Course
<b>Course Catalog Description</b>	An analysis of behavior management and cognitive theories and techniques with emphasis on their applications.
<b>Pre-Requisites</b>	PSYC 2301 – General Psychology
<b>Co-Requisites</b>	None

**Semester Credit Hours**

<b>Total Semester Credit Hours (SCH): Lecture Hours: Lab/Other Hours</b>	3:3:0
<b>Equated Pay Hours</b>	3
<b>Lab/Other Hours Breakdown: Lab Hours</b>	Enter Lab Hours Here.
<b>Lab/Other Hours Breakdown: Clinical Hours</b>	Enter Clinical Hours Here.
<b>Lab/Other Hours Breakdown: Practicum Hours</b>	Enter Practicum Hours Here.
<b>Other Hours Breakdown</b>	List Total Lab/Other Hours Here.

**Approval Signatures**

<b>Title</b>	<b>Signature</b>	<b>Date</b>
<b>Prepared by:</b>		
<b>Department Head:</b>		
<b>Division Chair:</b>		
<b>Dean/VPI:</b>		
<b>Approved by CIR:</b>		

## Additional Course Information

**Topical Outline:** Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, and clinical or other non-lecture instruction).

Part I:

1. Introduction and review of Frameworks for Behavior Management and Cognitive Therapies
2. Understanding human behavior

Part II:

1. The stimulus collage
2. Behavior modification foundations
3. Primary and secondary reinforcers and punishers
4. Differential reinforcement and shaping
5. Modeling and observational learning
6. Prompts and fading
7. Rules
8. Schedules of reinforcement/punishment
9. Positive and negative control
10. Thinking, the self and self-control

Course Learning Outcomes:

**Learning Outcomes – Upon successful completion of this course, students will:**

1. Apply behavior management and cognitive theories to formulate various behavior management plans;
2. Become familiar with the terms and usage of behavior management principles and utilize behavior management techniques and strategies; and
3. Utilize behavioral management principles, techniques, and strategies to modify a self-identified inappropriate behavior;

**Methods of Assessment:**

1. Three examinations during the semester:  
Examination One: addresses 1-2  
Examination Two: addresses 2-3  
Final Examination: addresses 1-3
2. Individual Project/Presentation 1-3

Required text(s), optional text(s) and/or materials to be supplied by the student:

Sundel, M. & Sundel, S. (2018). Behavior change in the human services: Behavioral and cognitive principles and applications. (6<sup>th</sup> Edition). California: Sage Publications.

Suggested Course Maximum:

20

List any specific or physical requirements beyond a typical classroom required to teach the course.

Laptop, WebCam with Microphone, headset, access to internet/WIFI (not compatible with Internet Explorer at remote off-campus sites).

Course Requirements/Grading System: Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course.

Examination One 100 points

Version: 3/20/2019

Examination Two	100 points
Term Project/Presentation	100 points
Final Examination	100 points
Total Points	400 Points

360 – 400 = A = 90% - 100%  
320 – 359 = B = 80% - 89%  
280 – 319 = C = 70% - 79%  
240 – 279 = D = 60% - 69%  
239 & below = F = below 60%

This course requires students to research, develop, implement, and evaluate an ABAB Design of a self-identified inappropriate behavior of their own. This teaches students to not only understand behavior modification and management, but also the critical elements in assisting an individual in changing behavior.

Curriculum Checklist:

- Administrative General Education Course** (from ACGM, but not in WCJC Core) – No additional documents needed.
- Administrative WCJC Core Course.** Attach the Core Curriculum Review Forms
  - Critical Thinking
  - Communication
  - Empirical & Quantitative Skills
  - Teamwork
  - Social Responsibility
  - Personal Responsibility
- WECM Course** -If needed, revise the Program SCANS Matrix and Competencies Checklist