



**Course Information**

<b>Course Title</b>	Aging and Mental Health
<b>Course Prefix, Num. and Title</b>	GERS 1342
<b>Division</b>	Allied Health
<b>Department</b>	Human Services
<b>Course Type</b>	WECM Course
<b>Course Catalog Description</b>	Examination of current issues relating to mental health of older adults. Includes the theoretical and empirical foundations relevant to the psychological study of older adults. Theory and application of case management models and client referral processes are included.
<b>Pre-Requisites</b>	None
<b>Co-Requisites</b>	None

**Semester Credit Hours**

<b>Total Semester Credit Hours (SCH): Lecture Hours: Lab/Other Hours</b>	3:3:0
<b>Equated Pay Hours</b>	3
<b>Lab/Other Hours Breakdown: Lab Hours</b>	Enter Lab Hours Here.
<b>Lab/Other Hours Breakdown: Clinical Hours</b>	Enter Clinical Hours Here.
<b>Lab/Other Hours Breakdown: Practicum Hours</b>	Enter Practicum Hours Here.
<b>Other Hours Breakdown</b>	List Total Lab/Other Hours Here.

**Approval Signatures**

<b>Title</b>	<b>Signature</b>	<b>Date</b>
<b>Prepared by:</b>		
<b>Department Head:</b>		
<b>Division Chair:</b>		
<b>Dean/VPI:</b>		
<b>Approved by CIR:</b>		

## Additional Course Information

**Topical Outline:** Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, and clinical or other non-lecture instruction).

### Foundations:

1. Introduction to Mental Health in an Aging Population
2. Context of Social Work Practices with Elders
3. Theories of Aging Process
4. Conducting a Biopsychosocial Assessment

### Issues:

1. Biological changes and the Physical Well-Being of Elders
2. Psychosocial Adjustments to Aging
3. Differential Assessment and Diagnosis of Cognitive and Emotional Problems of Elders
4. Interventions in the Socioemotional and Cognitive Problems of Elders
5. Alternative Interventions in the Socioemotional Problems of Elders
6. Substance Abuse and Suicide Prevention in Elders
7. Group Work with Elders
8. Spirituality and Elders
9. Elder Abuse and Neglect
10. Working with Elders' Support Systems
11. Dying, Bereavement, and Advance Directives
12. Models of Case Management and Application to Clinical Situation

## Course Learning Outcomes:

### Learning Outcomes – Upon successful completion of this course, students will:

1. Discuss the mental health concerns of older persons and describe the impact of mental health on the quality of life of older persons, and develop an appreciation and respect for older persons while identifying contributions the older person brings to the caregiving partnership.
2. Assess mental health of older persons and identify the appropriate assessment and implement intervention techniques.
3. Learn case management models and client referral process and apply to clinical situations.

### Methods of Assessment:

1. Examination one addresses outcomes/objectives 1,2
2. Examination two addresses outcomes/objectives 2,3
3. Examination three addresses outcomes/objectives 1-3
4. Special Assignments relative to 1,2
5. Special Assignments relative to 3 – case management/client referral process.

## Required text(s), optional text(s) and/or materials to be supplied by the student:

McInnis-Dittrich, K. (2020) Social work with older adults – A Biopsychosocial Approach to Assessment and Intervention. (5<sup>th</sup> Edition). New York: Pearson/Allyn & Bacon.

## Suggested Course Maximum:

25

## List any specific or physical requirements beyond a typical classroom required to teach the course.

Laptop, WebCam with Microphone, headset, access to internet/WIFI (not compatible with Internet Explorer at remote off-campus sites).

**Course Requirements/Grading System:** Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course.

Examination One	100 points
Examination Two	100 points
Term Paper	100 points
Final Examination	100 points
Total Possible Points	400 Points

360 – 400 = A = 90% - 100%

320 – 359 = B = 80% - 89%

280 – 319 = C = 70% - 79%

240 – 279 = D = 60% - 69%

239 & below = F = below 60%

Two papers constitute the term paper in this course. One assignment reflects the elements of assessment and understanding of aging individuals. The second assignment reflects the knowledge of case management and its application to a clinical scenario.

## Curriculum Checklist:

- Administrative General Education Course** (from ACGM, but not in WCJC Core) – No additional documents needed.
- Administrative WCJC Core Course.** Attach the Core Curriculum Review Forms
  - Critical Thinking
  - Communication
  - Empirical & Quantitative Skills
  - Teamwork
  - Social Responsibility
  - Personal Responsibility
- WECM Course** -If needed, revise the Program SCANS Matrix and Competencies Checklist