



Course Information

Course Title	Basic Counseling Skills
Course Prefix, Num. and Title	DAAC 1317
Division	Allied Health
Department	Human Services
Course Type	WECM Course
Course Catalog Description	An overview and application of basic counseling skills necessary to develop an effective helping relationship with clients. Develops an understanding in group dynamics/theory necessary in skill development and application of group facilitation.
Pre-Requisites	CHLT 1309 – Community Ethics and PSYT 1329 – Interviewing and Communication Skills
Co-Requisites	None

Semester Credit Hours

Total Semester Credit Hours (SCH): Lecture Hours: Lab/Other Hours	3:3:0
Equated Pay Hours	3
Lab/Other Hours Breakdown: Lab Hours	Enter Lab Hours Here.
Lab/Other Hours Breakdown: Clinical Hours	Enter Clinical Hours Here.
Lab/Other Hours Breakdown: Practicum Hours	Enter Practicum Hours Here.
Other Hours Breakdown	List Total Lab/Other Hours Here.

Approval Signatures

Title	Signature	Date
Prepared by:		
Department Head:		
Division Chair:		
Dean/VPI:		
Approved by CIR:		

Additional Course Information

Topical Outline: Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, and clinical or other non-lecture instruction).

Foundations:

1. Review prerequisite material on nonverbal communication
2. Review restating, paraphrasing, summarizing, and reflecting content and asking questions' skills
3. Develop an understanding of group dynamics/theory
4. Develop skills necessary for group facilitation

Issues:

1. Awareness of nonverbal communication and its impact in counseling settings
2. Process stages of helping relationship
3. Preparation and facilitation of group
4. Develop an awareness of group dynamics and group process
5. Awareness of different modalities of group experience and benefits of group facilitation

Course Learning Outcomes:

Learning Outcomes – Upon successful completion of this course, students will:

1. Identify basic counseling skills and techniques
2. Practice various counseling techniques in an assigned setting
3. Become more familiar with different treatment modalities/models
4. Become familiar with and able to develop and implement group facilitation

Methods of Assessment:

1. Examination One will address items 1 and 2
2. Examination Two will address items 1 through 4
3. Video tapes, journaling, group project, and other assignments address 1-4 for other course requirements

Required text(s), optional text(s) and/or materials to be supplied by the student:

Young, J. & Cashwell, C. (2017). Clinical mental health counseling – Elements of practice. Los Angeles: Sage Publications Inc.

Suggested Course Maximum:

16

List any specific or physical requirements beyond a typical classroom required to teach the course.

Laptop, WebCam with Microphone, headset, access to internet/WIFI (not compatible with Internet Explorer at remote off-campus sites).

Course Requirements/Grading System: Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course.

Examination One	100 points
Videotaping Assignments/Group Project	100 points
Other Assignments	100 points
Examination Two	100 points
Total Possible Points	400 Points

360 – 400 = A = 90% - 100%
 320 – 359 = B = 80% - 89%
 280 – 319 = C = 70% - 79%
 240 – 279 = D = 60% - 69%
 239 & below = F = below 60%

This course requires an in-class videoing of student skills in the area of basic counseling skills and a variety of experiential exercises in acquiring skills necessary in a therapeutic relationship.

Curriculum Checklist:

- Administrative General Education Course** (from ACGM, but not in WCJC Core) – No additional documents needed.
- Administrative WCJC Core Course.** Attach the Core Curriculum Review Forms
 - Critical Thinking
 - Communication
 - Empirical & Quantitative Skills
 - Teamwork
 - Social Responsibility
 - Personal Responsibility
- WECM Course** -If needed, revise the Program SCANS Matrix and Competencies Checklist