

Administrative Master Syllabus

Course Information

Course Title	Counseling Theories
Course Prefix, Num. and Title	DAAC 1311: Counseling Theories
Division	Allied Health
Department	Human Services
Course Type	WECM Course
Course Catalog Description	An examination of major theories and current treatment modalities used in the field of counseling.
Pre-Requisites	Enter Pre-Requisites Here.
Co-Requisites	Enter Co-Requisites Here.

Semester Credit Hours

Total Semester Credit Hours (SCH): Lecture Hours:	3:3:0
Lab/Other Hours	
Equated Pay Hours	3
Lab/Other Hours Breakdown: Lab Hours	Enter Lab Hours Here.
Lab/Other Hours Breakdown: Clinical Hours	Enter Clinical Hours Here.
Lab/Other Hours Breakdown: Practicum Hours	Enter Practicum Hours Here.
Other Hours Breakdown	List Total Lab/Other Hours Here.

Approval Signatures

Title	Signature	Date
Department Head:		
Division Chair:	CJDerkowski	11/21/2023
VPI:		

Additional Course Information

Topical Outline: Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, and clinical or other non-lecture instruction).

Foundations:

1. Describe counseling, its past, present, and future
2. Professionalism and the ethical world of the counseling professional
3. The counseling process
4. Research and evaluation of counseling
5. Multicultural perspective to counseling
6. Multiple theories and perspectives of counseling theories

Issues:

1. Ethics in relation to the field of counseling, upholding client rights, provide quality care in the least restrictive environment
2. Stages of the counseling process
3. Assessment and diagnosis
4. Exam a model to developing a personal approach to the counseling process
5. Psychodynamic theories
6. Experiential approaches which includes PCT and Gestalt Therapy
7. Cognitive Behavioral approaches
8. Marriage and family approaches
9. Child and adolescent approaches
10. Elements of group counseling, career counseling, school, and mental health counseling

Course Learning Outcomes:

Learning Outcomes – Upon successful completion of this course, students will:

1. Identify major counseling theories
2. Define and explain techniques relevant to the various theories
3. Identify major approaches to treatment

Methods of Assessment:

1. Examination One addresses CLOs 1-2
2. Examination Two addresses CLOs 2-3
3. Examination Three addresses CLOs 1-3
4. Term paper/project/presentation addresses CLOs 1-3

Required text(s), optional text(s) and/or materials to be supplied by the student:

Nystul, M.S. Introduction to Counseling: An Art and science perspective. Los Angeles: Sage Publications. (latest edition).

Suggested Course Maximum:

24

List any specific or physical requirements beyond a typical classroom required to teach the course.

Classes are taught via Zoom therefore a laptop and WebCam will be required.

Course Requirements/Grading System: Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course.

Students are required to complete a term paper/project/presentation on a specific topic pertinent to field of counseling theories.

Examination One	100 points
Examination Two	100 points
Examination Three	100 points
Term Project	100 points

Total Points 400 points

Grading System:

360 – 400 = A = 90% and above
320 – 359 = B = 80% – 89%
280 – 319 = C = 70% - 79%
240 – 279 = D = 60% - 69%
239 and below = F = below 60%

Curriculum Checklist:

- Administrative General Education Course** (from ACGM, but not in WCJC Core) – No additional documents needed.
- Administrative WCJC Core Course** – Attach the Core Curriculum Review Forms
 - Critical Thinking
 - Communication
 - Empirical & Quantitative Skills
 - Teamwork
 - Social Responsibility
 - Personal Responsibility
- WECM Course** – If needed, revise the Program SCANS Matrix and Competencies Checklist