**Purpose:** It is the intention of this Administrative-Master Syllabus to provide a general description of the course, outline the required elements of the course and to lay the foundation for course assessment for the improvement of student learning, as specified by the faculty of Wharton County Junior College, regardless of who teaches the course, the timeframe by which it is instructed, or the instructional method by which the course is delivered. It is not intended to restrict the manner by which an individual faculty member teaches the course but to be an administrative tool to aid in the improvement of instruction.

**Course Title** – Concepts of Volleyball

**Course Prefix and Number** – PHED 1127

**Department** - Kinesiology  
**Division** – Math & Science

**Course Type:**  
- [ ] Academic General Education Course (from ACGM – but not in WCJC Core)
- [x] Academic WCJC Core Course
- [ ] WECM course (This course is a Special Topics or Unique Needs Course: Y or N)

**Semester Credit Hours # : Lecture Hours # : Lab/Other Hours #**  
1:0:3

**EQUATED PAY HOURS FOR COURSE**  
- 2

**Course Catalog Description** – Open to talented individuals who wish to improve their personal skills in volleyball through supervised practice and game conditions. Class may be taken for two semesters for credit

**Prerequisites/Co-requisites** – Consent of instructor

<table>
<thead>
<tr>
<th>List Lab/Other Hours</th>
<th>Lab Hours</th>
<th>Clinical Hours</th>
<th>Practicum Hours</th>
<th>Other (list)</th>
</tr>
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**Prepared by** Rhonda Clayton  
**Date** 07/15/13

**Reviewed by Department Head** Gene Bahnsen  
**Date** 07/15/13

**Accuracy Verified by Division Chair** Kevin Dees  
**Date** 3/6/2014

**Approved by Dean or Vice President of Instruction** gghunt  
**Date** 3/17/14
Topical Outline – Each offering of this course must include the following topics (be sure to include information regarding lab, practicum, clinical or other non-lecture instruction):

Note: All one hour kinesiology activity courses have the following components:

1. Warm-up/Stretching/Flexibility
2. Exercise bout or activity
3. Cool down

II. Course Learning Outcomes

<table>
<thead>
<tr>
<th>Course Learning Outcome</th>
<th>Method of Assessment</th>
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<tr>
<td>Upon successful completion of the course, the student will:</td>
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<tr>
<td>1. Attain a higher level of cardiovascular fitness</td>
<td>- 3-Minute Step Test</td>
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<tr>
<td>2. Develop the muscular system</td>
<td>- Personal Log</td>
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<tr>
<td>3. Understand the value of a physical fitness program and explain the benefits of physical fitness</td>
<td>- Observation and/or Rubric</td>
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<tr>
<td>4. Understand the importance of proper nutrition</td>
<td>- Essay</td>
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<tr>
<td>5. Develop skills in team sportsmanship</td>
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</tr>
</tbody>
</table>

III. Required Text(s), Optional Text(s) and/or Materials to be Supplied by Student.

None

IV. Suggested Course Maximum - 24

V. List any specific spatial or physical requirements beyond a typical classroom required to teach the course.

Volleyball practice facility/fitness center

VI. Course Requirements/Grading System – Describe any course specific requirements such as research papers or reading assignments and the generalized grading format for the course

70% Participation & Attendance
15% Personal Log
10% Essay
5% 3-Minute Step Test

A=90-100
B=80-89
C=70-79
D=60-69
F=59-below
VII. Curriculum Checklist

- Academic General Education Course (from ACGM – but not in WCJC Core)
  No additional documentation needed

- Academic WCJC Core Course
  Attach the Core Curriculum Review Forms
  - Critical Thinking
  - Communication
  - Empirical & Quantitative Skills
  - Teamwork
  - Social Responsibility
  - Personal Responsibility

- WECM Courses
  If needed, revise the Program SCANS Matrix & Competencies Checklist.